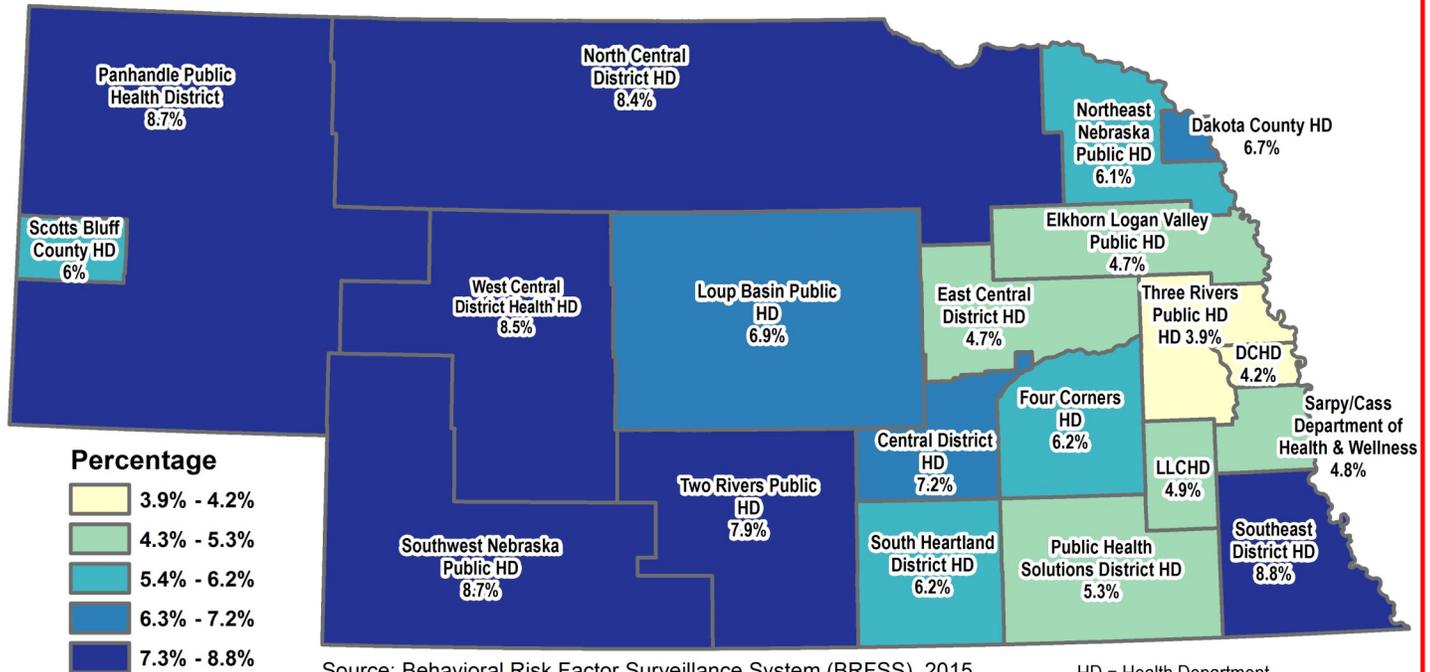


# Smokeless Tobacco Prevalence by Health District - 2015



Source: Behavioral Risk Factor Surveillance System (BRFSS), 2015

HD = Health Department  
DCHD = Douglas County HD  
LLCHD = Lincoln-Lancaster County HD

Smokeless tobacco is associated with many health conditions. Using smokeless tobacco can lead to nicotine addiction; cancers of the mouth esophagus and pancreas; and is associated with diseases of the mouth.<sup>1</sup> According to the Nebraska Behavioral Risk Factor Surveillance System (BRFSS), 5.5% of adults - or more than 100,000 people - use smokeless tobacco in Nebraska.

This map shows the prevalence of smokeless tobacco use in each of Nebraska's Health Districts. In general, smokeless tobacco use is higher in Western districts, although the highest smokeless use rate was recorded for the Southeast District. On average, the use of smokeless tobacco is increasing in Nebraska.<sup>2</sup>

1—U.S. Department of Health and Human Services. *The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General*. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

2—Nebraska BRFSS, 2015